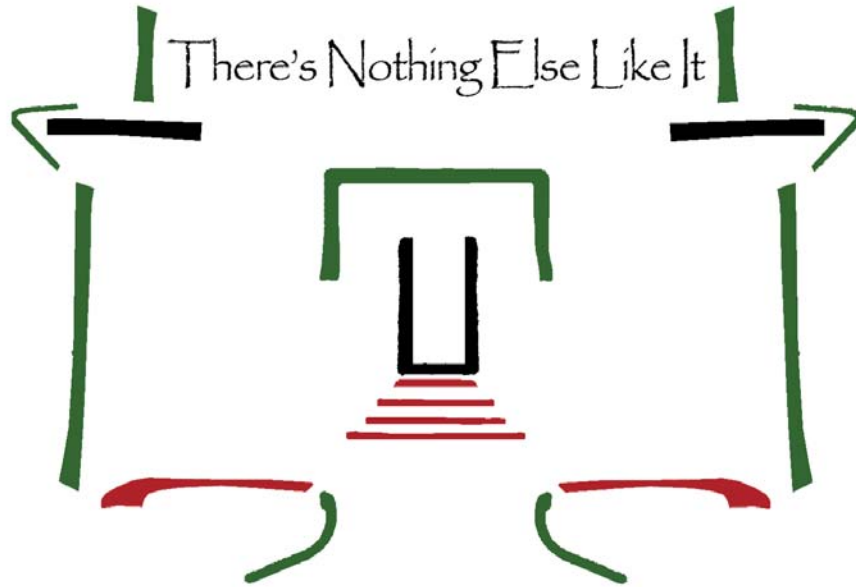


Meridian



There's Nothing Else Like It



Cafe

112 Meridian Ave.
Louisville, KY 40207
Phone: 502-897-9703
www.themeridiancafe.com

Hours of operation:
Monday—Saturday
8 a.m.—3 p.m.

Evening Events by reservation

BREAKFAST

BREAKFAST SANDWICHES

All sandwiches served with a choice of side item: Balsamic & Mustard roasted tomatoes, fruit or skillet fries



CONNOR'S PEANUT BUTTER PANINI— House made peanut butter, bananas and berries on hearty loaf \$7.95



MERIDIAN BREAKFAST WRAP— Spinach tortilla stuffed with scrambled eggs, black beans, cheddar and provolone cheeses, with our house-made salsa \$7.95

GRANNY'S WRAP - Spinach tortilla filled with scrambled eggs, bacon, Swiss cheese, tomatoes, and avocado \$7.95

LIOR'S LOX PLATE— Grilled bagel, smoked salmon, capers, onions, tomatoes, whipped cream cheese served with lemon, \$9.95 *

PAUL'S SAUSAGE OMELETTE SANDWICH— House made sausage, goat cheese, and spicy tomato jam on a toasted French loaf \$9.95 *

MADDY'S BAGEL SANDWICH— Smoked salmon, wilted spinach, and fried egg, with our 3-herb olive oil \$9.95 *

MERIDIAN CLASSICS



FRENCH TOAST— Thick sliced Brioche cooked with vanilla custard and dressed one of three ways, served with a choice of side
1/2 order \$4.95 Full order \$8.50

HEDDIE'S WAY— House-made mascarpone cheese, and basil blueberry syrup,

NIKKIE'S WAY— Blue cheese, apple cider cured bacon, and agave nectar

MEAGAN'S WAY— w Grand Marnier marmalade, whipped cream cheese, and maple syrup



HALL AND OATS CAKES— Fluffy cakes made with creamy steel cut oats topped with seasonal fruit and agave nectar, served with a choice of side \$7.95



ZAN'S HASH— Pan fried red potatoes with shiitake mushrooms, onions, tomato and cheddar, served with tahini \$6.95



MR BROWN'S HASH— Pan fried red potatoes, roasted peppers, fresh jalapeno, and tomato, topped with cheddar cheese and served with our spicy tomato jam \$6.95

BIG DAVE'S PASTRAMI HASH— Thinly sliced pastrami, pan fried red potatoes, onions, tomatoes, Swiss cheese, with spicy brown mustard served on the side \$7.95

ALA CARTE

SKILLET FRIES \$2.95

BACON (3 Slices) \$2.95

ADD HOUSE MADE SAUSAGE TO ANY HASH \$2.95

ADD ROASTED LOCAL CHICKEN TO ANY HASH \$2.95

1 EGG cooked to order \$1.75 *

SEASONALLY TOPPED STEEL CUT OATS
CUP \$2.25 / BOWL \$3.25

TOAST (2 Slices Hearty loaf / Brioche / Rye) \$1.25

BAGEL & CREAM CHEESE \$2.25




— These items are vegetarian or vegan. Ask your server.

STARTERS


 TUCKER'S HUMMUS AND PITA— A simple sampling of our hummus and grilled pita, finished with our 3-herb oil \$4.99


 POPS' GRILLED PITA QUESADILLA— Three cheeses melted in a crispy pita and served with our house made salsa \$5.99
Add roasted local chicken \$2.95


 NANA'S HUMMUS PLATE— Hummus with pita wedges, crispy falafel, roasted garlic, grilled eggplant, tahini sauce, avocado, kalamata olives, shiitake mushrooms, and roasted peppers \$7.95


SOUPS AND SALADS

SOUP DU JOUR
Cup \$3.75 / Bowl \$4.75

 SARAH'S GREEK SALAD— Seasonal Greens, feta, tomato, onion, cabbage, kalamata olives and capers with sun-dried tomato vinaigrette \$8.75

 KATE'S TOSS— Baby spinach, cucumbers, tomatoes, artichoke hearts, red cabbage, carrots, sunflower seeds, and feta cheese with Basil balsamic vinaigrette \$8.75

 STACEY'S SPINACH SALAD— Apples, avocados, red onion, and walnuts with bleu cheese crumbles and Poppy seed vinaigrette \$8.75

 BIG TOSS— Seasonal greens, three cheeses, cucumber, red cabbage, tomato, carrots, with Basilicata vinaigrette \$8.75

Add chilled roasted local chicken to any salad \$2.95

Add a hearty scoop of chicken salad \$3.95

Make your favorite salad a wrap served with chips and a pickle for no additional charge

SIDE ITEMS

MIXED BEAN & GRAIN SALAD— Garbanzo beans, lentils, cannellini beans, and bulgur wheat in a sun dried tomato vinaigrette \$2.95

BEAN SALAD— 15 bean blend tossed with fresh Herbs, red onion, and Poppy seed Vinaigrette \$2.95

BALSAMIC & MUSTARD ROASTED TOMATOES— Slow roasted with fresh herbs \$2.95





SEASONAL SIDE OF FRUIT \$2.95

 Consuming raw or under cooked food may increase the risk of food borne illness

LUNCH



GRILLED PITA SANDWICHES

Served with chips & a pickle or replace with any side for \$1.50

-  THE ALANA—Hummus, grilled egg plant, roasted peppers, 1/2 bean salad, and spinach \$7.95
-  THE ELLIOT—Hummus, lentils, tomato, cucumber, Swiss cheese, and avocado \$7.95
-  THE TRAWY—Falafel, hummus, mushrooms, tomato, Swiss, Cheddar and tahini \$7.95
-  THE RICHIE—Falafel, Swiss, cheddar, feta, sunflower seeds, avocado, tomatoes and tahini \$7.95

PANINI SANDWICHES

Served with chips & a pickle or replace with any side for \$1.50

-  CAROLINE'S VEGGIE—Grilled eggplant, spinach, provolone, sun-dried tomato spread on French loaf \$6.95
- GOURMET GRILLED CHEESE—3 cheeses, bacon, avocado, and tomato on Hearty loaf \$7.95
-  IZZY'S ARTICHOKE—Baby spinach, artichoke hearts, tomato, feta & provolone cheeses on a French loaf \$6.95
- LISA'S GORDONIA—Roasted local chicken, Swiss, tomato, avocado, and tahini on Hearty loaf \$8.95
- RICHARD'S HOT PASTRAMI—Swiss, mustard, spicy bread and butter pickles, and tomatoes served on rye. \$8.95

HEARTIER FARE

Served with chips & a pickle or replace with any side for \$1.50

-  PENNY'S WHITE BEAN BURGER—House-made burger served with seasonal greens, tomato, avocado, and tahini on toasted French loaf \$8.25
- BEN'S ROASTED CHICKEN CLUB—Chilled roasted local chicken with cheddar, bacon, Swiss, seasonal greens, tomato, mayonnaise, and mustard on grilled Hearty loaf \$9.25
- JAMES' BURGER—Grass-fed local Beef cooked Medium to Well topped with Red onion, Roma tomatoes, bleu cheese, seasonal greens, and spicy brown mustard on toasted French loaf \$9.25 *

HOUSE SPECIALITIES

Served with chips & a pickle or replace with any side for \$1.50

-  SHIITAKE SANDWICH—Shiitake mushrooms, Swiss, tomato, seasonal greens, and tahini on grilled Hearty loaf \$7.95
- BROKEN BENEDICTINE SANDWICH—House made Benedictine, cucumbers, tomatoes, seasonal greens, and apple cider cured bacon on grilled Hearty loaf \$7.95
- EAST COAST—Roasted local chicken, cranberry spread, cheddar, and tart apples on Brioche \$8.95
- DANIEL'S ROASTED CHICKEN WRAP—Spinach tortilla with Roasted local chicken, seasonal greens, house made salsa, and goat cheese \$8.95
- BRANT'S CHICKEN SALAD—Roasted local chicken salad with veggies, walnuts, & rosemary with seasonal greens and tomato on grilled Hearty loaf \$7.95

CHILDRENS MENU

exclusively for our guests 10 and under

GRILLED CHEESE \$3.99
Cheddar cheese on hearty loaf

CHICKEN AND CHEESE PANINI \$3.99
Roasted local chicken and cheddar on Brioche

PEANUT BUTTER & JELLY \$3.99
Peanut butter and jelly on hearty loaf

NIBBLE PLATE \$3.99
Roasted chicken, cheddar, apples, and pita wedges

BEVERAGES

BOTTLED WATER \$2.25

COFFEE \$2.25

SODA—Pepsi, Diet Pepsi, Sierra Mist, Mug Root Beer, Dr. Pepper,
\$2.25

FRENCH PRESS COFFEE (3 cups) \$6.95

JUICE—Apple, Orange, Pink Grapefruit, Pomegranate
Small \$1.25 Large \$2.75

CHA TEA—Hot or Cold \$2.95

ICED TEA \$1.95

HOT TEA \$2.95

MILK/SOY MILK
Small \$1.25 Large \$2.75

HOT CHOCOLATE \$2.25

DESSERTS

MERIDIAN DOUBLE CHOCOLATE TOFFEE BROWNIE \$5.25
ALA MODE \$.75

SWEET CORNBREAD ICE CREAM SANDWICH \$5.25
with vanilla bean ice cream, walnuts, and blueberry basil syrup

MILKSHAKES

BANANA \$4.95

CHOCOLATE \$4.95

MOCHA \$4.95

AVOCADO \$4.95

CHAI \$4.95

FOR A BLUEBERRY \$4.95

BANANA MOCHA \$4.95

MEMPHIS FLASH \$5.50

VEGAN SHAKES AVAILABLE

FOR AN ADDITIONAL CHARGE

COMBINATIONS

1/2 SANDWICH AND SOUP \$8.50

1/2 SANDWICH AND 1/2 SALAD \$9.50

1/2 SALAD AND SOUP 7.50



WEEKDAY BREAKFAST EXPRESS MENU

Designed with speed in mind, we have put together selections for all diets that are quickly prepared fresh for you.

\$4.99

Add a side of skillet fries or fresh fruit for \$2.95



KIMMY'S HOUSE MADE GRANOLA

Crunchy granola with walnuts, golden raisins, dried cranberries and ground flax served with yogurt

CLAUDIA'S CHEESE BISCUITS AND SAUSAGE GRAVY

Two cheese biscuits topped with house made sausage milk gravy

MARSHA'S BACON EGG AND CHEESE PANINI

Apple cider cured bacon, provolone and cheddar cheeses, and scrambled eggs on Hearty Loaf

BRIE'S SMOKED SALMON PITA SANDWICH

With whipped cream cheese, roma tomatoes, capers, and red onion on a grilled pita

UNCLE JOHN'S SAUSAGE EGG AND CHEESE WRAP

House made sausage, spicy tomato jam, Swiss and cheddar cheeses, and scrambled eggs



LIAM'S SCRAMBLED EGG PANINI

Rye bread Swiss cheese, and roasted tomatoes

Served Monday through Friday from 8:00 a.m. until 11:00 a.m.