

Meridian



There's Nothing Else Like It

Cafe



112 Meridian Ave.
Louisville, KY 40207
Phone: 502-897-9703
www.themeridiancafe.com


Hours of operation:
Monday—Friday
10 a.m.—3 p.m.
Saturday 8 a.m.—3 p.m.
Evening Events by reservation

BREAKFAST

BREAKFAST SANDWICHES

All sandwiches served with a choice of side item: Balsamic Dijon roasted tomatoes, fruit or skillet fries

 CONNOR'S PEANUT BUTTER PANINI— House made peanut butter, bananas and berries on hearty loaf \$6.95

 MERIDIAN BREAKFAST WRAP— Spinach tortilla stuffed with scrambled eggs, black beans, cheddar and provolone cheeses, with our house-made salsa \$6.95

GRANNY'S WRAP - Spinach tortilla filled with scrambled eggs, bacon, Swiss cheese, Roma tomatoes and avocado \$6.95


LIOR'S LOX PLATE— Grilled bagel, house smoked salmon, capers, onions, tomatoes, cream cheese served with a lemon wedge, and choice of side \$8.95 *

PAUL'S BEEF TENDERLOIN OMLETTE SANDWICH— House Roasted Beef Tenderloin, goat cheese, and spicy tomato jam on a toasted ciabatta roll \$8.95 *


MADDY'S BAGEL SANDWICH— House smoked salmon, wilted spinach, and fried egg, with our 3-herb olive oil \$8.95 *


MERIDIAN CLASSICS

 LEON'S BANANA WALNUT BREAD— with Agave nectar served with a choice of side \$4.50

 HEDDIE'S BEST FRENCH TOAST— Thick sliced Brioche topped with house-made mascarpone cheese and a basil blueberry syrup, served with a choice of side \$6.95

 STEVEN'S STEEL CUT OAT CAKE— topped with fresh fruit and Agave Nectar Syrup \$5.95

 ZAN'S HASH— Pan fried new red potatoes with shiitake mushrooms, onions, tomato and cheddar, served with tahini \$6.95

 MR BROWN'S HASH— Pan fried new red potatoes, roasted peppers, fresh jalapeno, and Roma tomato, topped with cheddar cheese and served with our spicy tomato jam \$6.95

BIG DAVE'S PASTRAMI HASH— Thinly sliced pastrami, pan fried new red potatoes, onions, Roma tomatoes, Swiss cheese, with spicy brown mustard served on the side \$6.95

ALA CARTE

SKILLET FRIES \$1.99

BACON (3 Slices) \$2.25

ADD ROASTED BEEF TENDERLOIN TO ANY HASH \$3.95

ADD GRILLED CHICKEN TO ANY HASH \$3.75

1 EGG cooked to order \$1.25 *

SEASONALLY TOPPED STEEL CUT OATS
CUP \$1.99 / BOWL \$2.99

TOAST (2 Slices Hearty loaf / Sourdough / Rye) \$0.99


BAGEL & CREAM CHEESE \$1.99

 — These items are vegetarian or vegan. Ask your server.

STARTERS

 TUCKER'S HUMMUS AND PITA— A simple sampling of our hummus and grilled pita, finished with our 3-herb oil \$4.25

 POPS' GRILLED PITA QUESADILLA— Three cheeses melted in a crispy pita and served with our house made salsa \$6.75
Add grilled chicken \$3.75 / Add beef tenderloin \$3.95


 NANA'S HUMMUS PLATE— Hummus with pita wedges, crispy falafel, roasted garlic, grilled eggplant, tahini sauce, avocado, kalamata olives, shiitake mushrooms, and roasted peppers \$6.95


ARTICHOKE POLENTA - With house smoked salmon, sour cream, capers Roma tomatoes, and our 3 herb oil \$7.25 *


SOUPS AND SALADS


SOUP DU JOUR

Cup \$3.25 / Bowl \$4.25

 SARAH'S GREEK SALAD— Seasonal Greens, feta, tomato, onion, cabbage, kalamata olives and capers with sun-dried tomato vinaigrette \$7.75

 KATE'S TOSS— Baby spinach, cucumbers, tomatoes, artichoke hearts, red cabbage, carrots, sunflower seeds, and feta cheese with Basil balsamic vinaigrette \$7.75

 STACEY'S SPINACH SALAD— Apples, avocados, red onion, and walnuts with bleu cheese crumbles and Poppy seed vinaigrette \$7.75

 BIG TOSS— Seasonal greens, three cheeses, cucumber, red cabbage, tomato, carrots, with Basilicata vinaigrette \$7.75

Add grilled chicken to any salad \$3.75

Add a hearty scoop of chicken salad \$3.50

Make your favorite salad a wrap served with chips and a pickle for no additional charge

SIDE ITEMS

MIXED BEAN & GRAIN SALAD— Garbanzo beans, lentils, cannellini beans, and bulgur wheat in a sun dried tomato vinaigrette \$2.25

BEAN SALAD— 1/2 bean blend tossed with fresh Herbs, red onion, and Poppy seed Vinaigrette \$2.25

BALSAMIC DIJON ROASTED ROMA TOMATOES— slow roasted with fresh herbs \$2.25





SEASONAL SIDE OF FRUIT \$2.25

* Consuming raw or under cooked food may increase the risk of food borne illness

LUNCH



GRILLED PITA SANDWICHES

Served with chips & a pickle or replace with any side for \$1.50

-  THE ALANA—Hummus, grilled egg plant, roasted peppers, 1/2 bean salad, and spinach \$7.25
-  THE ELLIOT—Hummus, lentils, tomato, cucumber, Swiss cheese, and avocado \$7.25
-  THE TRAWY—Falafel, hummus, mushrooms, tomato, Swiss, Cheddar and tahini \$7.25
-  THE RICHIE—Falafel, Swiss, cheddar, feta, sunflower seeds, avocado, Roma tomatoes and tahini \$7.25

PANINI SANDWICHES

Served with chips & a pickle or replace with any side for \$1.50

-  CAROLINE'S VEGGIE—grilled eggplant, spinach, provolone, sun-dried tomato spread on ciabatta roll \$6.95
- GOURMET GRILLED CHEESE—3 cheeses, bacon, avocado, and tomato on hearty loaf \$7.50
-  IZZY'S ARTICHOKE—Baby spinach, Artichoke hearts, Roma tomato, feta & provolone cheeses on a ciabatta roll \$7.50
- LISA'S GORDONIA—House roasted turkey, Swiss, tomato, avocado, and tahini on hearty loaf \$8.50
- RICHARD'S HOT PASTRAMI—Pastrami, Swiss, mustard, spicy bread and butter pickles served on rye. \$8.50


HEARTIER FARE

Served with chips & a pickle or replace with any side for \$1.50

-  PENNY'S WHITE BEAN BURGER—House-made burger served with seasonal greens, tomato, avocado, and tahini on a toasted ciabatta roll \$7.25
- BEN'S GRILLED CHICKEN CLUB—Grilled chicken breast with cheddar, bacon, Swiss, seasonal greens, tomato, mayonnaise, and mustard \$8.95 *
- JAMES' ROASTED BEEF TENDERLOIN SANDWICH—Red onion, Roma tomatoes, bleu cheese, seasonal greens, and spicy brown mustard on Toasted ciabatta \$8.95 *

HOUSE SPECIALITIES

Served with chips & a pickle or replace with any side for \$1.50

-  SHIITAKE SANDWICH—Shiitake mushrooms, Swiss, tomato, seasonal greens, and tahini on grilled hearty loaf \$7.25
- BROKEN BENEDICTINE SANDWICH—House made Benedictine, cucumbers Roma tomatoes, seasonal greens, and apple cider cured bacon on grilled hearty loaf \$7.50
- EAST COAST TURKEY—House roasted turkey, cranberry spread, cheddar, and tart apples on sourdough bread \$8.25
- NAPA TUNA SALAD—Medium rare tuna, tossed in ginger and basil mayonnaise with avocado, and greens on grilled Brioche \$9.25 *
- DANIEL'S SMOKED TURKEY WRAP—Spinach tortilla with seasonal greens, house made salsa, and goat cheese \$8.50
- BRANT'S CHICKEN SALAD—White meat chicken salad with veggies, walnuts, & rosemary with seasonal greens and tomato on grilled hearty loaf \$7.75

CHILDRENS MENU

exclusively for our guests 10 and under

GRILLED CHEESE \$3.99
Cheddar cheese on hearty loaf

PEANUT BUTTER & JELLY \$3.99
Peanut butter and grape jelly on hearty loaf

TURKEY AND CHEESE PANINI \$3.99
Turkey and cheddar on sourdough

TURKEY PLATE \$3.99
Turkey, cheddar, apples, and pita wedges

BEVERAGES

BOTTLED WATER \$1.99

SODA—Pepsi, Diet Pepsi, Sierra Mist, Mug Root Beer, Dr. Pepper,
\$1.99

JUICE—Apple, Orange, Pink Grapefruit, Cranberry \$1.99

ICED TEA \$1.75

MILK / SOY MILK \$1.75

COFFEE \$1.75

FRENCH PRESS COFFEE (3 cups) \$6.25

CHA TEA—Hot or Cold \$2.50

HOT TEA \$1.99

HOT CHOCOLATE \$1.50

DESSERTS

MERIDIAN DOUBLE CHOCOLATE TOFFEE BROWNIE \$4.50
ALA MODE \$.75

SWEET CORNBREAD ICE CREAM SANDWICH \$4.50
with vanilla bean ice cream, walnuts, and blueberry basil syrup

PEANUT BUTTER PUDDING SURPRISE \$4.50
vegan peanut butter custard with candied peanut topping

MILKSHAKES

BANANA \$4.25

MOCHA \$4.25

CHAI \$4.25

BANANA MOCHA \$4.25

CHOCOLATE \$4.25

AVOCADO \$4.25

BLUEBERRY \$4.25

MEMPHIS FLASH \$4.50

COMBINATIONS

1/2 SANDWICH AND SOUP \$7.95

1/2 SANDWICH AND 1/2 SALAD \$8.95

1/2 SALAD AND SOUP \$6.95